

STAIR CLIMBERS

BUYER'S GUIDE

WHAT TO KNOW BEFORE YOU BUY.

Stair climbers deliver one of the most effective cardiovascular workouts while taking up a small footprint. Choosing the right machine ensures safety, performance, durability and long-term value for your facility.

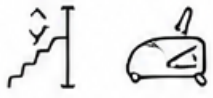
CEILING HEIGHT MATTERS MOST



ALLOW AT LEAST 12"-24" OF CLEARANCE ABOVE THE TALLEST USER FOR SAFE OPERATION AND COMFORT.



01 STAIR CLIMBER VS. STEPPER



Stair climbers use a continuous staircase for a natural climbing motion and higher calorie burn.

- Stair climbers = continuous steps, smoother motion
- Steppers = alternating pedals, lower impact



TIP: Stair climbers offer a more effective workout and engage more muscles.

02 CEILING HEIGHT REQUIREMENTS



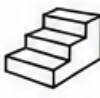
Adequate ceiling height ensures user safety and a comfortable experience.

- Minimum machine height: 88.6"
- Add 12"-24" clearance above tallest user



TIP: Measure twice. Ceiling clearance is the #1 mistake buyers make.

03 STEP DESIGN & USABLE AREA



Step size, depth and height impact comfort, safety and workout experience.

- Step depth: Extra deep for secure footing
- Step height: Consistent and comfortable
- Non-slip, self-cleaning treads for safety



TIP: Larger steps and consistent height improve comfort and performance.

04 SPEED & INTENSITY RANGE



A wide range accommodates beginners to elite athletes.

- Low starting speed for beginners
- High max speed for advanced training
- Multiple intensity levels for HIIT and endurance



TIP: Look for smooth speed changes and responsive performance.

05 USER CAPACITY & ACCESSIBILITY



Ensure the machine supports your users safely and comfortably.

- High user weight capacity
- Low step-up height
- Stable handrails for all fitness levels



TIP: Easy entry and strong hand support improve safety and inclusivity.

06 FOOTPRINT & SPACE PLANNING



Plan your space for safety, traffic flow and service access.

- Dimensions (L x W): 34.3" L x 59.5" W
- Allow clearance behind and on sides for safe use
- Consider viewing angles for TVs and sightlines



TIP: Leave at least 24" behind the machine for safe use and service.

07 POWER & ELECTRICAL REQUIREMENTS



Proper power ensures reliable performance and longevity.

- Standard outlet: 110-120V, 15A dedicated circuit
- Commercial grade power cord and components
- Avoid extension cords



TIP: Dedicated power prevents tripped breakers and downtime.

08 DURABILITY & BUILD QUALITY



Commercial environments demand strong, durable construction.

- Heavy-duty steel frame
- Industrial drive system
- Quality bearings and components
- Corrosion-resistant finishes



TIP: Built to last means less downtime and lower long-term costs.

09 SERVICE ACCESS & MAINTENANCE



Easy service access reduces downtime and maintenance costs.

- Accessible drive system
- Easy belt and step replacement
- Recommended maintenance schedule



TIP: Machines that are easy to service keep your facility running.

BEFORE YOU BUY

- ☐ Identify your fitness goals and user population
- ☐ Measure your space and ceiling height
- ☐ Confirm machine dimensions and footprint
- ☐ Check ceiling clearance (add 12"-24")
- ☐ Evaluate step size and comfort
- ☐ Review speed and intensity range
- ☐ Verify user weight capacity
- ☐ Confirm electrical requirements
- ☐ Check warranty and service support
- ☐ Plan for maintenance and replacement parts
- ☐ Compare total cost of ownership





THE DEPOT RULE

STRONG EQUIPMENT. STRONGER FACILITIES.

Commercial stair climbers are an investment in results, member satisfaction and long-term reliability. Buy quality once, and it will perform for years.

BUILD SMART. BUILD STRONG. BUILD ON THE RIGHT FOUNDATION.



NEED HELP SPEC'ING YOUR SPACE?

Send us your room dimensions, ceiling height and goals. We'll help you choose the best stair climber solution for your facility and budget.

WE'RE HERE TO HELP YOU BUILD IT RIGHT.