

COMMERCIAL SAUNAS

BUYER'S GUIDE

WHAT TO KNOW BEFORE YOU BUY.

Saunas are more than a luxury—they're a wellness investment. The right sauna enhances recovery, reduces stress, and creates a premium experience that keeps members and guests coming back.



INFRARED VS. TRADITIONAL — WHICH IS RIGHT FOR YOUR FACILITY?	
INFRARED SAUNA LOW TEMPERATURE • DEEP PENETRATING HEAT	VS. TRADITIONAL SAUNA HIGH TEMPERATURE • SURROUND HEAT
Operates at 120°F – 150°F Comfortable for longer sessions	Operates at 160°F – 195°F Intense heat experience
Uses infrared heaters to warm the body directly	Heats the air, creating steam and higher humidity
Penetrates deep into muscles for recovery & pain relief	Promotes intense sweating and circulation
Lower heat, easier on the heart and respiratory system	Higher heat load More intense on the body
Energy efficient Lower operating costs	Higher energy use Higher operating costs
Ideal for detox, wellness, relaxation & everyday use	Ideal for traditional sauna enthusiasts & heat therapy
BOTH OPTIONS DELIVER POWERFUL WELLNESS BENEFITS. Choose based on your users, goals, and facility environment.	

KEY CONSIDERATIONS				
01 CAPACITY How many users at one time? Consider bench space and comfort.	02 TYPE Infrared, Traditional (Finnish), or Hybrid? Match to your wellness goals.	03 ELECTRICAL REQUIREMENTS Voltage, amperage, and dedicated circuit needs vary by model and type.	04 INDOOR OR OUTDOOR Ensure the sauna is rated for your installation environment.	05 HEATING SYSTEM Quality heaters deliver consistent heat and long-term reliability.
06 MATERIALS & CONSTRUCTION Look for Hemlock, Cedar, or Spruce. Durable, stable, and heat-resistant.	07 TEMPERATURE & CONTROLS Digital controls, timers, and temperature accuracy matter.	08 VENTILATION & CLEARANCES Proper ventilation and clearance ensure safety and performance.	09 RESIDENTIAL VS. COMMERCIAL USE Commercial models are built for heavy use and come with stronger warranties.	10 WARRANTY & SUPPORT Review warranty coverage and choose a brand that stands behind its product.

DELIVERY & PLACEMENT - Confirm access points, doorways, and turns - Allow space for final placement - Curbsides vs. white glove delivery options TIP: Measure twice. Plan for delivery day challenges.	ASSEMBLY & INSTALLATION - Some models require assembly - Factor in professional installation options - Ensure level surface and stable flooring TIP: Professional assembly ensures safety and protects your warranty.	MAINTENANCE REQUIREMENTS - Regular cleaning keeps wood and heaters in top condition - Check heaters, controls, and ventilation - Replace bulbs and parts as needed TIP: Simple maintenance extends life and keeps performance peak.	WATER & HUMIDITY MANAGEMENT - Traditional saunas produce steam and moisture - Ensure proper drainage (outdoor models) - Protect surrounding materials and finishes TIP: Humidity control protects your sauna and your facility.	ACCESSORIES & ENHANCEMENTS - Buckets, ladles, thermometers - Backrests, lighting, sound systems - Aromatherapy and wellness add-ons TIP: Small upgrades create a premium user experience.
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BEFORE YOU BUY

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 Define your users and wellness goals

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 Choose Infrared, Traditional, or Hybrid

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 Confirm W x D x H: 72" x 72" x 75"

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 Verify electrical requirements

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 Check indoor/outdoor suitability

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 Plan for delivery and placement

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 Evaluate materials and build quality

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 Confirm warranty coverage

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 Review installation requirements

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 Plan for ventilation and clearances

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 Consider maintenance needs

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 Compare total cost of ownership

THE DEPOT RULE
QUALITY EQUIPMENT. STRONGER FACILITIES.
Great facilities are built with purpose and the right equipment. Invest in quality once, and it will perform for your community for years.
BUILD SMART. BUILD STRONG.
BUILD ON THE RIGHT FOUNDATION.

NEED HELP SPEC'ING YOUR SPACE?
Send us your room dimensions, user population and goals. We'll help you choose the right sauna for your facility and budget.
WE'RE HERE TO HELP YOU BUILD IT RIGHT.